



Approved Centre  
Counselling & Psychotherapy  
Central Awarding Body

# Level 3 Certificate in Counselling Studies

Educators • Tutors • HR • Management • General Public

A 90-hour course, this will build on the skill sets and initial theories learnt on the Level 2 Introduction course.

Candidates will begin to consider the roles of a counsellor and client within therapeutic settings, along with applying further therapeutic theories within skills practice.

## Example of topics covered in this course

- Johari Window
- Person Centred Theory
- The counselling relationship
- Psychodynamic Theory
- Working with difference and diversity
- Plus many more ... there are too many to list here!

## Course delivery

**Length:** 90 hours

Delivered over 18 weeks of 6-hour lesson slots via Zoom

**No. of delegates:** 18 maximum

**Course materials:**

- ✓ weekly handouts
- ✓ learning aids provided

Any candidate who completes the course to a satisfactory level, both in completing their portfolio and passing the assessment, will receive a CPCAB-accredited qualification. These qualifications are internationally accredited. In addition, completion of the Level 3 and upon recommendation from your Tutor will give you an automatic spot on a Level 4 course of your choosing.

However, please note that currently Level 4 can only be delivered in-person in the UK.

Mind Your Health will be facilitating Level 3 courses both during the day and evening, with the lessons being in 6-hour slots in length over 18 weeks. Timings will be beneficial to those in the UK, with a set number of courses set to times convenient to those in international time zones.



For further information or to apply, please contact George Peterkin at:

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Please note that we work on a 'first-come, first-served' basis



mind your health