Personal, Social, Health & Economic (PSHE)



For all schools and leaders

Our PSHE Consultation Service provides schools and leaders with an opportunity to reflect and improve their PSHE provision.

Mind Your Health is proud to have Chris Farman to lead thorough consultations with schools.

Chris Farman is currently Assistant Head (Wellbeing) at Denstone College. He has led PSHE in a variety of schools and now provides consultations due to the success in his own school.

PSHE and its delivery continue to be an important area for discussion during inspections and is a vital subject in providing young people with the skills to thrive in an ever-changing world.

Chris has worked with a number of schools previously to review and build on their current provision and leadership of the subject to ensure it provides the best possible outcomes for young people.



Chris FarmanAssistant Head (Wellbeing) at
Denstone College

Topics covered

- A thorough and detailed review of curriculum and policies, with additions suggested.
- PSHE lesson observations with feedback provided.
- Ongoing online support can be provided following the consultation process.
- A detailed and thorough report with findings and suggested areas of improvement.

Course delivery

- ✓ Consultation can take place online or in-person.
- ✓ Pre-consultation meeting online.
- ✓ In-person consultations include a 1 day school visit (can be longer, if necessary)
- √ Follow-up meeting and review of report.

For further information or to book, please contact George Peterkin at:

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