

Suicide First Aid for Children & Young People in Schools (SFACYP)



Learn how to identify signs and symptoms of someone who is suicidal within educational settings

Our *Suicide First Aid for Children & Young People (SFACYP)* course gives learners the knowledge and tools to understand that suicide is one of the most preventable deaths amongst CYP. Learners will respond from a safeguarding perspective, underpinned by UNCRC and a trauma-informed approach.

Course content

Part 1

- Values & attitudes
- Introductions
- Suicide First Aid approach within a school setting
- Factors that contribute to suicide thoughts (adolescent brain, ACES, matching language, suicide gestures) – case study

Part 2

- Hidden toll & definition (exposures)
- The ripple effect
- The suicide continuum – case study
- Intention vs outcome
- Twenty faces

Part 3

- Recap & film
- The needs of CYP (letting you know)
- Suicide safety guide
- Step 1: Recognising suicide and asking about suicide
- Step 2: Listen & learn / exploring options

Part 4

- Step 3: Helping you cope – case studies
- Implementation of a suicide safety schools approach
- Suicide safety and self-care & close



Course delivery

Length: 6 hours

No. of delegates: 16 maximum

Flexible delivery options:

- ✓ in four parts (each 90mins)
- ✓ in-person
- ✓ online via Zoom

Instructors

This course is run by Suicide First Aid Instructors, with backgrounds in teaching and therapeutic counselling. All training is evidence-based and factual.

Accreditation option

Participants have the option of gaining accreditation by paying an additional membership fee. Participants will gain 6 NQF credit points at Level 4 by completing a workbook of tasks (independently after attending the course) that are assessed against the set learning outcomes.



For further information or to book, please contact George Peterkin at:

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